# **Birth Pool Rental**

# Cedar Sixters DOULA CARE

# **Product Overview**

### La Bassine Maxi Birth Pool ~ by Made in Water

Looking for a larger birth pool so partner's can join and/or for taller women? This is the perfect pool!



- **Cocoon like shape**, with plenty of room for two people to move around.
- **Deep purple** colour to enhance the sense of privacy and induce deep relaxation.
- **Deep, inflated floor,** to give the extra comfort needed during active birth positions such as kneeling and squatting.
- **Transparent sides,** to give midwives good visibility from outside the pool.
- **Perfect water depth** that fully covers your belly without being too deep that you feel insecure.
- Four solid internal handles, perfectly placed, exactly where you need them! Use to assist in position changes, or to grab on to while you push.
- TWO TOP HANDLES for assistance when getting in and out of the pool.
- OUR MAXI POOL has three separate chambers! If one chamber were punctured, water would be retained by the other two.
- **Eco-Friendly Vinyl** Highly durable vinyl that does not contain any phthalates, lead or cadmium so often used in plastic production.
- **Carbon Neutral** Made in Water Ltd has made a donation to the World Land Trust Carbon Balanced Fund to offset the carbon footprint incurred producing and shipping La Bassine.
- **Ethically manufactured** All our manufacturers are independently audited to ensure safe and fair employment practice.
- **Quality and Durability** Made with Super-Strong Vinyl (0.45mm thickness), each birthing pool is factory tested to ensure that it has no defects.
- Proven in the field Tens of thousands of La Bassine pools sold worldwide, including in Europe, US, Canada, Australia and more – La Bassine is by far the best selling and most popular birthing pool in the world.

## Specifications:

Shape	Cocoon
Handles	Pair of handles on top – four handles inside
Colour	Purple
Pool Material	0.60mm Thick Eco-Vinyl
Inflated floor	7.5cm (3")
External length	191cm (75")
External width	164cm (65")
External height	71cm (28")
Internal length	145cm (57")
Internal width	118cm (46")
Internal depth	63cm (25")
Rim width	23cm (10")
Water Capacity	625 litres at 80% full
Weight when empty	7.3kg

# Benefits of a birth pool:

We at Cedar Sisters doula care have added a birth pool to our practice because of our strong belief in the soothing benefits of the water during the birth process. Evidence shows that there are many **Benefits**.

#### For Parent:

- Warm water is soothing, comforting, relaxing. In the later stages of labor, the water has been shown to increase the woman's energy.
- The effect of buoyancy lessens a mother's body weight, allowing free movement and new positioning.
- Buoyancy promotes more efficient uterine contractions and improved blood circulation resulting in better oxygenation of the uterine muscles, less pain for the mother, and more oxygen for the baby.
- Immersion in water often helps lower high blood pressure caused by anxiety.
- The water seems to reduce stress-related hormones, allowing the mother's body to produce endorphins which serve as pain-inhibitors.
- Water causes the perineum to become more elastic and relaxed, reducing the incidence and severity of tearing and the need for an episiotomy and stitches.
- As the laboring woman relaxes physically, she is able to relax mentally with greater ability to focus on the birth process.
- Since the water provides a greater sense of privacy, it can reduce inhibitions, anxiety, and fears.

#### For Baby:

- Provides an environment similar to the amniotic sac.
- Eases the stress of birth, thus increasing reassurance and sense of security.

#### Investment:

Our package includes most of the items you will need for using the pool. The rental fee is \$195. This includes; the pool (delivered at 37 weeks), one-time use liner, sterile drinking hose, universal tap adapter, debris net, thermometer, electric air pump for inflation, and water pump for emptying the pool.

\*\*Cost of pool rental waived for current doula clients!\*\*